

# CAREGIVER SUPPORT GROUP

**Do you care for a loved one?**

**Are you in need of a place to express your feelings?**

**Do you want to be with others who are feeling the  
same way?**

If you answered YES to even one of these questions  
please join us the 3<sup>rd</sup> Thursday of each month for the  
CAREGIVER SUPPORT GROUP!!!

It is a safe and confidential place to listen to others or  
express how you feel..

**WHEN:** 3<sup>rd</sup> Thursday of each month

**WHERE:** St Paul VI Room

**TIME:** 7:00-8:00 PM

FOR questions, or to sign up for the email reminder  
contact Mary Beth DeLuzio RN, FCN at

[coordinator@mothersetonparish.org](mailto:coordinator@mothersetonparish.org)

301-924-3838 ext. 234