**L-6(19)**

**Questions for Periodic Supervision**

**Group Evaluation**

**Stephen Ministry® Form**

|  |  |  |
| --- | --- | --- |
| This evaluation of your Supervision Group is designed to help you: examine your own Supervision Group participation; gauge the quality of interaction among Supervision Group members; monitor the effectiveness of your Supervision Group experience; and discover areas of growth for you and the Supervision Group.**I. Evaluating Myself****A. My Feelings about My Participation in the Supervision Group** |  |  |
| 1 2 3 | 4 | 5 |

|  |  |
| --- | --- |
| I feel uncomfortable  | I feel at ease |
| in the group | in the group |

Please be prepared to talk about your evaluation. What specifically makes you feel at ease or uncomfortable in the group? Here are some ideas to prompt your thinking (you may indicate any that apply):

|  |  |
| --- | --- |
| **I’m uncomfortable because . . .** | **I’m at ease because . . .** |
| “I feel left out of the group.” | “I feel welcome and included in the group.” |
| “I’m not sure I feel completely accepted by the group.” | “I feel accepted as I am.” |
| “I wonder whether group members respect me.” | “I feel respected by group members.” |

**Thoughts to share with your Supervision Group:**

*(continued on the next page)*

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**B. My Level of Participation in the Supervision Group**

# 1 2 3 4 5

|  |  |
| --- | --- |
| My level of | My level of |
| participation | participation |
| in the group is | in the group is |
| very low | very high |

Please be prepared to talk about your evaluation. Why do you think your participation in the group is very high or very low? Here are some ideas to prompt your thinking (you may indicate any that apply):

|  |  |
| --- | --- |
| **I don’t participate much because . . .** | **I participate because . . .** |
| “Sometimes I have a hard time trusting people.” | “I am very trusting.” |
| “Sometimes I have a hard time empathizing with people.” | “I can really empathize with people.” |
| “I sometimes find myself being critical of others’ ideas and opinions.” | “I tend to accept others’ ideas and opinions unconditionally.” |
| “I have a hard time praising and complimenting others.” | “I willingly praise and compliment others.” |
| “Sometimes it is hard for me to be warm and affectionate.” | “I freely express warmth and affection.” |
| “I sometimes have trouble paying attention to what others are saying.” | “I’m a great listener.” |
| “I find it difficult to express myself in a group setting.” | “I enjoy sharing my thoughts and ideas in a group.” |
| “I don’t like it when other people makesuggestions about what I should do.” | “I take others’ suggestions and comments seriously.” |
| “I like the way I am and don’t see why I need to grow.” | “I’m flexible and open to change and growth.” |

**Thoughts to share with your Supervision Group:**

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**II. Evaluating My Supervision Group**

**A. How Well the Supervision Group Works Together**

#  1 2 3 4 5

|  |  |
| --- | --- |
| The group doesn’t | The group works |
| work together very well | quite well together |

Please be prepared to talk about your evaluation. Why do you think the group is working well together or not working well together? Here are some ideas to prompt your thinking (you may indicate any that apply):

|  |  |
| --- | --- |
| **The group doesn’t work well because . . .** | **The group works well because . . .** |
| “A few tend to dominate the group.” | “Everyone participates equally.” |
| “We have a hard time with listening andsometimes fail to understand one another.” | “We listen carefully and understand one another’s ideas.” |
| “We’re uncomfortable with feelings and often withhold and ignore them.” | “We share, recognize, and accept one another’s feelings.” |
| “We’re more critical than affirming of another’s feelings.” | “We often affirm one another.” |
| “We tend to wear masks, hiding our real selves.” | “We are open and honest about ourselves.” |
| “We really don’t trust one another very much yet.” | “We have a climate of mutual trust.” |
| “We tend to be more competitive than supportive.” | “We support one another.” |
| “We aren’t always willing to protect confidentiality.” | “We keep confidences.” |
| “Our conversation often wanders, and we lose our focus on our task.” | “We keep on track and remain focused on our task.” |
| “We waste time in our Supervision Group.” | “We use time wisely.” |

**Thoughts to share with your Supervision Group:**

*(continued on the next page)*

L-6 Questions for Periodic Supervision Group Evaluation **3**

**B. How Well the Supervision Group Accomplishes Its Goal**

# 1 2 3 4 5

Our Supervision Group does Our Supervision Group

not accomplish its goal accomplishes its goal

Please be prepared to talk about your evaluation. In what ways does our Supervision Group accomplish or not accomplish its goal?

Rate your group using the following question and scales: How much does our Supervision Group help me provide quality care to my care receiver in the following areas? (Rate only those areas that apply to you.)

Remaining process-oriented

Listening

Helping my care receiver deal with feelings

Maintaining confidentiality

Understanding my care receiver’s needs

Using distinctively Christian caring tools appropriately and confidently

Relating assertively

Maintaining boundaries

Making recommendations for other care, as necessary

Caring for my care receiver’s unique needs

Bringing my caring relationship to a close

Experiencing and expressing compassion

Trusting God as I care

Remaining full of faith

Growing in caring skills

Remaining worthy of my care receiver’s trust

**Thoughts to share with your Supervision Group:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Not Very** |  |  | **Very** |
| **Helpful** |  |  | **Helpful** |
| 1 2 | 3 | 4 | 5 |

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

# 1 2 3 4 5

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**III. Where Do We Go from Here?**

1. **Identify one major area in which our Supervision Group needs to grow.**
2. **What might we do to help bring about that growth?**

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