

# **Questions for Periodic Supervision Group Evaluation**

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 Stephen Ministry® Form

This evaluation of your Supervision Group is designed to help you:

- ▶ examine your own Supervision Group participation;
- ▶ gauge the quality of interaction among Supervision Group members;
- ▶ monitor the effectiveness of your Supervision Group experience; and
- ▶ discover areas of growth for you and the Supervision Group.

## I. Evaluating Myself

### A. My Feelings about My Participation in the Supervision Group

1	2	3	4	5
I feel uncomfortable in the group				I feel at ease in the group

Please be prepared to talk about your evaluation. What specifically makes you feel at ease or uncomfortable in the group? Here are some ideas to prompt your thinking (you may indicate any that apply):

I'm uncomfortable because . . .	I'm at ease because . . .
"I feel left out of the group."	"I feel welcome and included in the group."
"I'm not sure I feel completely accepted by the group."	"I feel accepted as I am."
"I wonder whether group members respect me."	"I feel respected by group members."

**Thoughts to share with your Supervision Group:**

*(continued on the next page)*



## B. My Level of Participation in the Supervision Group

1	2	3	4	5
My level of participation in the group is very low			My level of participation in the group is very high	

Please be prepared to talk about your evaluation. Why do you think your participation in the group is very high or very low? Here are some ideas to prompt your thinking (you may indicate any that apply):

I don't participate much because . . .	I participate because . . .
"Sometimes I have a hard time trusting people."	"I am very trusting."
"Sometimes I have a hard time empathizing with people."	"I can really empathize with people."
"I sometimes find myself being critical of others' ideas and opinions."	"I tend to accept others' ideas and opinions unconditionally."
"I have a hard time praising and complimenting others."	"I willingly praise and compliment others."
"Sometimes it is hard for me to be warm and affectionate."	"I freely express warmth and affection."
"I sometimes have trouble paying attention to what others are saying."	"I'm a great listener."
"I find it difficult to express myself in a group setting."	"I enjoy sharing my thoughts and ideas in a group."
"I don't like it when other people make suggestions about what I should do."	"I take others' suggestions and comments seriously."
"I like the way I am and don't see why I need to grow."	"I'm flexible and open to change and growth."

**Thoughts to share with your Supervision Group:**

*(continued on the next page)*

## II. Evaluating My Supervision Group

### A. How Well the Supervision Group Works Together

1		2		3		4		5	
The group doesn't work together very well								The group works quite well together	

Please be prepared to talk about your evaluation. Why do you think the group is working well together or not working well together? Here are some ideas to prompt your thinking (you may indicate any that apply):

<b>The group doesn't work well because . . .</b>	<b>The group works well because . . .</b>
"A few tend to dominate the group."	"Everyone participates equally."
"We have a hard time with listening and sometimes fail to understand one another."	"We listen carefully and understand one another's ideas."
"We're uncomfortable with feelings and often withhold and ignore them."	"We share, recognize, and accept one another's feelings."
"We're more critical than affirming of another's feelings."	"We often affirm one another."
"We tend to wear masks, hiding our real selves."	"We are open and honest about ourselves."
"We really don't trust one another very much yet."	"We have a climate of mutual trust."
"We tend to be more competitive than supportive."	"We support one another."
"We aren't always willing to protect confidentiality."	"We keep confidences."
"Our conversation often wanders, and we lose our focus on our task."	"We keep on track and remain focused on our task."
"We waste time in our Supervision Group."	"We use time wisely."

**Thoughts to share with your Supervision Group:**

*(continued on the next page)*

**B. How Well the Supervision Group Accomplishes Its Goal**

1	2	3	4	5
Our Supervision Group does not accomplish its goal			Our Supervision Group accomplishes its goal	

Please be prepared to talk about your evaluation. In what ways does our Supervision Group accomplish or not accomplish its goal?

Rate your group using the following question and scales: How much does our Supervision Group help me provide quality care to my care receiver in the following areas? (Rate only those areas that apply to you.)

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	<b>Not Very Helpful</b>			<b>Very Helpful</b>	
Remaining process-oriented	1	2	3	4	5
Listening	1	2	3	4	5
Helping my care receiver deal with feelings	1	2	3	4	5
Maintaining confidentiality	1	2	3	4	5
Understanding my care receiver's needs	1	2	3	4	5
Using distinctively Christian caring tools appropriately and confidently	1	2	3	4	5
Relating assertively	1	2	3	4	5
Maintaining boundaries	1	2	3	4	5
Making recommendations for other care, as necessary	1	2	3	4	5
Caring for my care receiver's unique needs	1	2	3	4	5
Bringing my caring relationship to a close	1	2	3	4	5
Experiencing and expressing compassion	1	2	3	4	5
Trusting God as I care	1	2	3	4	5
Remaining full of faith	1	2	3	4	5
Growing in caring skills	1	2	3	4	5
Remaining worthy of my care receiver's trust	1	2	3	4	5

**Thoughts to share with your Supervision Group:**

*(continued on the next page)*

### **III. Where Do We Go from Here?**

**A. Identify one major area in which our Supervision Group needs to grow.**

**B. What might we do to help bring about that growth?**